

Advice on VACCINATIONS for trip to Tanzania (Olduvai Gorge & Gombe). Trip planned for July 2008. (by Dr. John Dolittle - Noted animal doctor and hero to Jane Goodall)
Must have -

Yellow Fever - City County Health Department or Family Doctor

Should have -

Hepatitis A - 2 doses 6 months apart

Polio-

Tetanus-

Typhoid- Oral (4x doses) appears to work better than shot

Malaria- Malarone (pills) appear to work the best

For Gombe -

Yellow Fever -

Hepatitis A -

Polio -

Tetanus -

Measles -

Meningitis -

Influenza - Current winter version for home country (USA)

TB - Vaccine or cleared on skin test

Clear of gut parasites -

Keep clear of chimpanzees for the first 5 - 7 days due to risk of respiratory infections caught on international flights

Cholera - Inoculations are regarded as useless. Bring antibiotics ? (ask Curry Health)

Good antibiotics to bring in general - Ciprofloxacin (500mg), Zithromax (250 mg), also consider Lomotil (for Diarrhea), and an Antifungal powder & cream